

# Assertive Communication Trios

In groups of three one person should act out the annoying behavior, the other person should communicate assertively how this behavior makes them feel and the third person should observe this interaction and provide feedback.

## Scenario 1

Annoying behavior: You take the other person's belongings without asking for their permission.

## Scenario 2

Annoying behavior: You tell someone negative gossip about the other person and they find out.

## Scenario 3

Annoying behavior: You tell the other person to "shut up" in a rude way.